

# Vidhyashram Institute of Teacher's Training, Jodhpur

## Awareness Course

on

## Women Liberation

### SYLLABUS

**Course Hours:** 2 hrs per week

**Duration:** 30Hours

Basic aim of this course to create awareness about Zero tolerance level, awareness about gender neutral laws, women empowerment.

After successful completion of this course, the student will be able to focus on Equity, then on equality, clarify the difference between gender and sex, understand gender roles leading to gendered division of labour, to create Awareness about the Rights and laws, and fight against the violence.

#### **Module 1 Introduction of Women Studies.**

1. Sex and Gender
2. Patriarchy
3. Gender Stereotypes, Sexism
4. Femininity and Masculinity

#### **Module 2 Issue Related to Girl Child and Women**

1. Female Feticide and Female infanticide
2. Child Marriage and Divorce
3. Dowry and Domestic violence
4. Problems of elderly women
5. Problems of single women
6. Marginalized and deprived groups (SC/ST, Mahatmas, Devadasies, women prisoners)

#### **Module 3 Understanding Violence**

1. Understanding sexual harassment as gender-based violence
2. Nature, victims, causes and impact of gender-based violence
3. Violence by men against women
4. Impact of violence

#### **Module 4 Women Law and Governance**

1. Constitutional provisions for Women in India.
2. Crime against Women and Child: Child Abuse, Violence, Human Trafficking, Sexual Harassment at Workplace Act, 2013 – Legal protection.
3. Rights: Gender Equality, Gender Discrimination, Women's Rights as Human Rights.
4. Steps Taken so Far for Empowering Women.

#### **Module 5 Contributing to Prevention of Sexual Harassment (POSH)**

1. What is and is not Sexual Harassment
2. Supreme Court Judgements, and the provisions in the Act of 2013 about prevention of Sexual Harassment
3. Preconditions for Effective Working of Sexual Harassment Complaints Committees
4. Role of men in prevention of sexual harassment at workplace
5. Gender sensitive language, work culture and workplace

## References:

- Asiedu, E., Branstette, C., Gaekwad-Babulal, N. and Malokele, N. (2018). *The Effect of Women's Representation in Parliament and the Passing of Gender Sensitive Policies*.
- [\*"Raising your profile within your organisation"\*](#), *EqualBITE, BRILL*, pp. 128–130, 22 June 2018, [doi:10.1163/9789463511438\\_028](#), [ISBN 978-94-6351-143-8](#), retrieved 7 December 2023
- [\*"Gender Attitudes in adolescence: evaluating the Girl Rising gender-sensitization program in India | Gender Action Portal"\*](#). [gap.hks.harvard.edu](#). Retrieved 7 December 2023.
- [\*"Combating Gender Stereotypes in and through Education - Gender Equality - publi.coe.int"\*](#). *Gender Equality*. Retrieved 12 March 2023
- The Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013
- IGNOU : Gender Sensitization: Society, Culture and Change ( 2019) BGSE001, New Delhi IGNOU
- <http://uerria.witclub.info/dir/>
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- Govt. of India: Towards Equality, Report of the Committee on the Status of women, (Ministry of Education and Social Welfare, December, 1974).
- Govt. of India: National Perspective Plan for women 1988-2000 A.D., (Ministry of Human Resources Development, Department of Women and Child Development, 1988).
- Paul Chowdary: Women Welfare and Development, (New Delhi L Inter India Publications 1992).
- Promilla Kapur: Empowering the Indian Women (Ministry of Information and Broadcasting). Govt. of India, 2001.
- Sangeetha Purushothaman : The Empowerment of Women in India (Sage Publications, New Delhi, 1998).

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